

2020 Virtual Conference Schedule

Friday, September 11, 2020

Interactive Exhibit Hall Opens at Noon

Poster Sessions available at Noon

4-8 pm EDT Live stream

3:35 pm Light music

3:50 pm Welcome Mary Anne McCoy, MICNP President

4:00 pm Friday Welcome Speaker

Journey of a Nurse Practitioner: From the Clinic to the State House
Natalie Phelps Finnie, RN, BSN, MSN, APRN, FNP-BC

The burden she carried for her patients, living in extreme poverty and hopelessness, compelled Natalie Phelps Finnie me to be their voice in the Illinois State Legislature. Ms. Phelps Finnie will share the story of how her healthcare career was placed on the sidelines while she briefly entered the political arena. This is the personal and professional journey of a Nurse Practitioner from rural Southern Illinois. The fight continues as Ms. Phelps Finnie explores new avenues to bring restoration to the people of Southern Illinois.

5:00- 5:10 pm Brain Break with Sponsors

5:15 – 7:20 pm

Breakouts (pre-recorded w/ presenter attending to answer Q&A)

5:15 – 6:20	<p>New Drug Update 2020: What's Hot and What's Not Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP</p> <p>Keeping up with new medications, particularly given the recent trend towards direct to consumer advertising, is one of the true challenges of primary care. Ms. Wright will focus on the top new, widely used medications, including their appropriate uses, adverse effects and drug interactions.</p>	<p>Documentation and Coding: Navigating the Summit of Reimbursement Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP</p> <p>This presentation will provide the tools every NP will need to successfully document and code for services rendered. Learn about special situations which enhance a revenue stream. Understand "incident to" billing and potential liabilities associated with this billing practice. The NP who masters this process will maintain fiscal viability to a practice.</p>
6:25-7:30	<p>Respiratory Infections in the Challenging Patient: A Focus on Antimicrobials Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP</p> <p>This session will provide the nurse practitioner with information regarding common pathogens implicated in AECB and community acquired pneumonia in the patient with underlying co-morbidities such as asthma, COPD and alcohol abuse. Current recommendations regarding antimicrobial treatment options will be reviewed in detail. National recommendations for obtaining chest x-ray and sputum for gram staining will also be discussed.</p>	<p>Trauma Informed Nursing: Introduction and Strategies Elizabeth Kuzma, DNP, FNP-BC</p> <p>NPs provide care to vulnerable populations in all care settings, many of whom have experienced adverse childhood events (ACEs). In a recent national study, approximately two-thirds of adults reported at least one ACE and over 20 percent reported three or more ACEs. ACE studies have demonstrated that these adverse experiences in childhood have a profound, cumulative effect on the health and development of individuals, therefore impacting the health of society. To provide cutting edge leadership and care, NPs need to integrate trauma-informed principles and practices into their care. This presentation will provide attendees foundational content on trauma and trauma-informed care.</p>

Interactive Exhibit Hall closes at 8 pm

Saturday, September 12, 2020

8:00-9:00 am **Interactive Exhibit Hall Open**

8:45- 9:00 am **MICNP Rebranding/Website Preview + Welcome Music**

9 am – 1 pm EDT Live stream

9:00-10:00 am **Welcome/MICNP Business Meeting/Awards**

10:00-10:15 am Brain Break/Visit Exhibitors

10:30 – 11:30 am **Keynote Speaker**

If Healthcare is About Well Being, Why am I so Stressed Out?
Jerry Bridge

If the purpose of healthcare is to alleviate suffering and improve health and well-being, shouldn't that include everyone, including healthcare workers? Yes, of course! Yet countless numbers of medical staff at every level, clinical and administrative, feel overwhelmed, overworked and overtired. Continually busy or multitasking, trying to keep up with increasing demands or maintain impossible schedules, workers often feel fragmented, exhausted and burned out! This presentation offers principles, practices and tools to help you deal more effectively with the challenges, stress and ever-increasing demands of 21st century living, at work and in life!

11:30 am-12:30 **Lunch/Brain Break/Visit Interactive Exhibit Hall**

12:30 – 1:30 pm **Legislative Update**

State and National Perspectives Mary Anne McCoy, PhD, RN, ACNS, ACNP-BC, FAANP; Ericka Brunson-Gillespie, DNP, RN, AGACNP-BC; Denise Hershey; Heather Nicholoff

1:30-1:45 pm Brain Break/ Visit Exhibitors

1:45 – 5:00 pm **Breakout Sessions** (pre-recorded w/ presenter attending to answer Q&A)

1:45 – 2:45	<p>Posttraumatic Stress Disorder (PTSD): Etiology, Diagnosis, and Treatment - Dawn Goldstein, PhD, RN, PMHNP-BC</p> <p>Posttraumatic stress disorder (PTSD) is a mental health problem that some people develop after experiencing or witnessing a life-threatening</p>	<p>Venous Thromboembolism (Deep Venous Thrombosis & Pulmonary Embolism): Diagnosis, Treatment, & Prevention Marlene Mullin, DNP, APRN, BC</p> <p>Venous Thromboembolism</p>	<p>Drug-Drug Interactions: Safe Prescribing and Avoiding Errors to Prevent Malpractice - Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP</p> <p>At the conclusion of this activity, the</p>
-------------	---	---	---

	<p>event, like combat, a natural disaster, a car accident, or sexual assault. Most people have some stress reactions after a trauma, but when the reactions do not go away over time, cause significant distress or impairment in social, occupational, or other functions of daily life, the patient may have PTSD. Learning the neurobiology and symptomology will aid in developing skills to effectively screen and assess in order to refer or directly provide evidence-based treatment interventions to include pharmacotherapy and psychotherapy across the lifespan.</p>	<p>(VTE) which includes Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE) is the 3rd leading cause of sudden death in the United States. Pulmonary Embolism is the leading cause of preventable deaths in hospitalized patients; prompt diagnosis and treatment can significantly reduce morbidity and mortality. This lecture will discuss measures to prevent, diagnose, and treat both DVT and PE.</p>	<p>participant will be prepared to:</p> <ol style="list-style-type: none"> 1) Discuss the most common mechanisms for drug-drug interactions 2) Discuss techniques to ensure safe prescribing 3) Review cases involving prescribing errors and medical malpractice cases
<p>2:50-3:50</p>	<p>When Guideline Directed Medical Therapy (GDMT) Fails in Heart Failure reduced Ejection Fraction (HFrEF) Jennifer Ilacqua, MSN, RN, ACNP-BC, and Margarita B. Barrientes, DNP, RN, AGACNP-</p> <p>Heart failure affects 5.7 million adults living in the United States. Mortality within five years of a heart failure diagnosis is 50%. There are options for patients affected by heart failure however there is a time frame to refer for optimal benefit of advanced therapies. When to refer a patient to a heart failure center for evaluation of advanced therapies will be discussed including advanced therapy options and survival benefit.</p>	<p>Severe Emphysema: The Next Frontier Rebecca Priebe, MSN, ACNP-BC</p> <p>An overview of emphysema including physiology, current guidelines, standard of practice and treatment options. Focus will be on the new FDA approved minimally invasive bronchoscopic lung volume reduction procedure for the treatment of severe, end-stage, emphysema.</p>	<p>QPP: Elevate your level of Understanding and the Bottom Line Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP</p> <p>The reimbursement system is changing. NPs need to position themselves to take advantage of this new reporting system. This session will focus on what QPP is, who is affected and what it means for your bottom line. Learn new terminology such as MIPS and APM. Learn how and what needs reporting. Learn how reimbursement will be calculated for you. If you are not prepared, you could</p>

			be leaving money on the table.
3:55 – 5:00	<p>Updates on Osteoporosis: Equipping NPs to Address a Looming Public Health Crisis - Anne McKay, DNP, ANP-BC</p> <p>In spite of readily available technology and the development of highly effective new medications, the rates of osteoporosis screening and treatment in the U.S. have actually declined over the past decade, precipitating what the National Osteoporosis Foundation deems a growing public health crisis. Drawing on a decade of practice in osteoporosis care, the speaker will update attendees on the consequences of underdiagnosis and inadequate treatment of osteoporosis, risk factors for development of the disease, current guidelines for screening, and evidence-based treatment modalities. A comprehensive review of available medications, including those recently approved by the FDA, will help equip attendees to more effectively treat their osteoporotic patients. Finally, the speaker will discuss the unique roles nurse practitioners can play in improving outcomes for individuals at risk for osteoporotic fractures.</p>	<p>Beyond the Locker Room: Promoting Adolescent Wellness and Health During the Pre-Participation Physical Exam Mary Serowoky, DNP, FNP-BC</p> <p>Practitioners should use every opportunity to promote wellness in the adolescent population, including the pre-participation physical. This session will provide the most current guidelines and strategies for efficient and comprehensive completion of an adolescent wellness exam. The necessary forms and tools will be discussed, as well as managing patient privacy and safety.</p>	