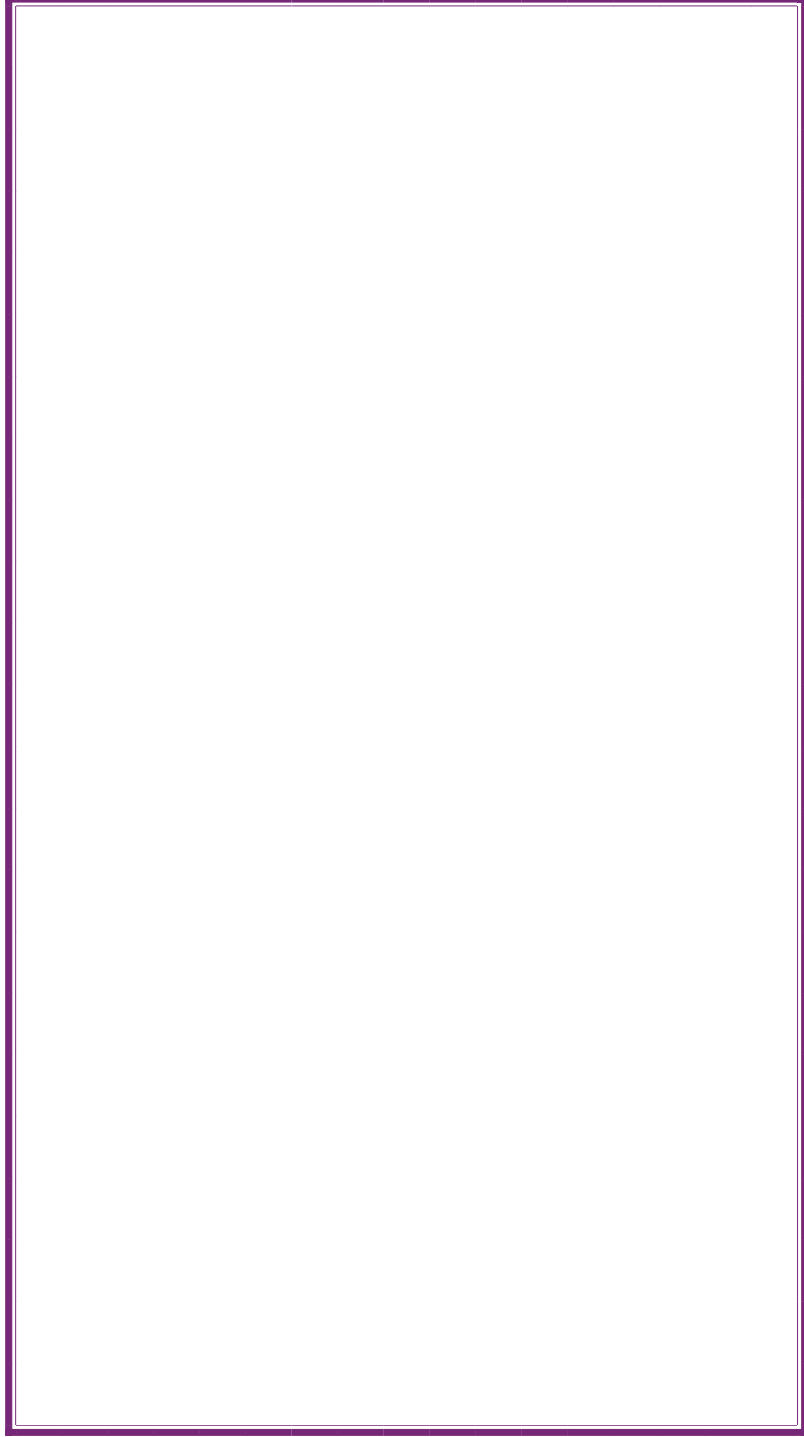




PO Box 87934 Canton, MI 48187

Mailing Address Line 1
Mailing Address Line 2
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Mailing Address Line 5



Thursday 4:00PM: Registration Opens

Friday:

8:00 a.m.—4:00 p.m.: Preconference workshops

11:30 a.m.—1:00 p.m.: Lunch/Sara J. Uekert, MD, Grand Rapids Allergy

4:30 p.m.—6:00 p.m.: Welcome Reception & Exhibit Opening

Saturday:

8:00 - 4:00	Registration				
7:30 - 8:00	Continental Breakfast				
8-9:30	Keynote Presentation: “Preserve: Advance: and Celebrate the Essence of Advance Practice Nursing Bonnie Wesorick				
9:45-11:00	Exhibit	Screening for Sleep Disorders	Acute Ischemic Stroke	APNs United for Legislative Change	Pediatric Emergencies
11:15-12:30		ADD & ADHD Across the Lifespan	Diagnosis of the Acute Abdomen	Malpractice	Nutrition & Herbal Medicine for Immune Support
12:45-2:15		AANP Lunch: Hypoactive Sexual Desire Disorder			
2:15-3:30		Osteoporosis Osteopenia	Multi-Drug Resistant Organisms	Professional Relationships	Sexual Health in Women
3:45-5:00		Dermatology Basics & Beyond	Pulmonary Hypertension	MICNP Business Meeting	Evaluation & Treatment of HAs
6:30-10:00		★★MICNP 10 Year Anniversary Gala★★			

Sunday:

8-9:30	General Session: Industry Sponsored Plated Breakfast Urologic Assessment for Incontinence			
9:45-11:00	Managing Diabetes in Office Setting	Mgmt. of Acute/Chronic Pain	NP Private Practice & Ownership	Feeding Difficulties in Infants & Children
11:15-12:30	Community Acquired MRSA	Taking the HIT	Legal & Ethical Issues in Palliative Care	Dementia

REGISTRATION INFORMATION

EARLY BIRD REGISTRATION
RECEIVED BY APRIL 16, 2010

Workshops
(pricing is per workshop):

MEMBER: \$90
 NON-MEMBER: \$115
 STUDENT: \$65

Full conference
 SATURDAY & SUNDAY

MEMBER: \$190
 NON-MEMBER: \$250
 STUDENT: \$130

Saturday Only

MEMBER: \$140
 NON-MEMBER: \$180
 STUDENT: \$100

Sunday Only

MEMBER: \$70
 NON-MEMBER: \$90
 STUDENT: \$50

LATE REGISTRATION
RECEIVED AFTER APRIL 17, 2010

Workshops
(pricing is per workshop):

MEMBER: \$115
 NON-MEMBER: \$140
 STUDENT: \$90

Full conference
 SATURDAY & SUNDAY

MEMBER: \$215
 NON-MEMBER: \$275
 STUDENT: \$155

Saturday Only

MEMBER: \$165
 NON-MEMBER: \$205
 STUDENT: \$125

Sunday Only

MEMBER: \$95
 NON-MEMBER: \$115
 STUDENT: \$75

Questions regarding Registration:

Contact the business office:
 Phone: 734.432.9881

REGISTRATION INFORMATION

All registration for the conference can be done online via our website at: WWW.MICNP.ORG

On site registration / sign in opens April 29, 2010 at 4:00 p.m.

Fees for the conference include contact hours for all sessions attended and the following:

- **Workshop(s) Only:** Handout material for Friday workshop(s) attended, Friday continental breakfast and Friday lunch.
- **Saturday or Sunday One-Day Registration:** Conference materials for the day attended, breakfast and/or luncheon for the day attended.
- **Full Conference:** Friday evening dinner, Saturday sessions with breakfast and lunch, and Sunday sessions with breakfast plus the conference materials.
- **Full Conference plus Workshop(s):** Full conference (as listed above), in addition to handouts for Friday workshops attended and Friday Continental breakfast.
- **Student Member Fees:** Available only to student members of MICNP. If you are a student, join MICNP to receive this reduced rate. You must submit photocopy of dated student ID with registration form.

Confirmations

You will receive email notification of your conference confirmation. It will include a list of the sessions in which you are enrolled.

Please read your confirmation letter carefully. You are enrolled only in those sessions listed in your confirmation notice. If you have any questions, please contact our Business Office at: 734-432-9881 or email: micnp@arounddetroit.biz

Refunds/Substitutions

Refund requests must be submitted in writing and postmarked not later than April 15, 2010.

All refunds will be issued for the full amount paid less a \$25 administrative fee. There will be no refunds for any reason after April 15, 2010.

Written notification of substitutions must be received by April 15; no penalty fee assessed for substitutions and they will be allowed as seating permits.

The Michigan Council of Nurse Practitioners (MICNP) has specifically designed this annual conference for Advanced Practice Registered Nurses. As you come together from all over the state, our committee has tried to reflect the ever expanding role of the APRN in healthcare by presenting updates on a variety of clinical topics; exploring and debating the impact of changing legislation and policies affecting professional nursing practice, and, as always, providing the opportunity for collegial networking. Based upon your 2008 evaluations, the committee has worked hard to provide a comprehensive and challenging course offering. On behalf of the conference committee, we truly hope that all attendees find this year's conference an exceptional learning environment.

2010 Conference Committee:

Mary Barr, Co-Chair	Mary Derksen	Phyllis DeHaan
Neita Dorais	Maren Ferre	Jane Kotarski
Ashley Mitchell	Linda Morris-McCoy	Melissa Murtha
Brenda Pawl	Diane Rexford Co-Chair	Maureen Ryan
Diane Sarsfield	Gretchen Schumacher Co-Chair	

Educational Tracks:

The following coding is used throughout the brochure.

Track 1 (Concurrent A)	Primary Care
Track 2 (Concurrent B)	Acute/Critical Care
Track 3 (Concurrent C)	Professional Issues
Track 4 (Concurrent D)	Other/Misc.

CONTINUING EDUCATION CREDIT

Application for Contact Hours has been made through the Michigan Council of Nurse Practitioners, a provider unit of the AANP, an ANCC accredited approver. Anticipated contact hours are: **16** possible per attendee.

Hotel Information:

Amway Grand Plaza Hotel: 187 Monroe NW, Grand Rapids, MI

Reservations: 800-253-3590

website: www.amwaygrand.com

Indicate that you are attending the MICNP conference to receive the reduced room rate.

Room Rates: \$139 per night

The Amway Grand Plaza is conveniently located in downtown Grand Rapids. At the crossroads of US 131 and I 96, the hotel is easily accessible. More detailed driving directions can be found on the hotel's website.

8:30 am—11:30 a.m. Conference AM Workshops

Basic Suturing: This workshop in laceration management will focus on basic suture skills and techniques including suture selection, needle selection and basic laceration repair. Wound anesthesia, tissue handling, and healing concepts along with basic knot tying techniques will be practiced by the participants. All supplies will be provided. Acquiring these skills can enhance the NPs job performance and marketability. Enrollment is limited in order to optimize the learning experience. *Gretchen Schumacher, PhD, GNP-BC, FNP, NP-C, Grand Valley State University, Grand Rapids, MI and Kerry Risco, PhD, CRNP, NP-C, WCC, Slippery Rock University, Slippery Rock, PA*

Pulmonary Function Testing: Review of ATS standards of testing and interpretation. Will have Spirometers for demonstration and practice testing techniques. *Terrance Barnes, MD, Pulmonary Physician, and Vicki Tedhams, CRT, MMPC, Pulmonary/Critical Care, a member of Spectrum Health, Grand Rapids, MI*

Practical 12-Lead EKG for the Advanced Practice Nurse: Hints to Recognize Ischemic Changes on the 12-Lead EKG: This three hour session will highlight practical pointers for the Advanced Practice Nurse to begin to recognize ischemic changes on the 12-lead EKG. Included will be correlating locations with lead groupings and hallmarks of ischemia, injury and infarction. Basic electrocardiography knowledge will enhance the participant's ability to translate these practical pointers into patient care. *Julene B. Kruithof, MSN, RN, CCRN, Spectrum Health, Grand Rapids, MI*

Clinical Implications of Valvular Heart Disease and Peripheral Vascular Disease: This workshop will provide the participant with an opportunity to identify the clinical manifestations, diagnostic evaluation, and management strategies for patients with valvular heart disease and peripheral vascular disease. Clinical exemplars will be integrated throughout the workshop. *Therese Jamison, MSN, ACNP-BC, Associate Professor, Madonna University, Livonia, MI*

11:30 am—1:00 pm: Speaker & Lunch
Diagnosis and Management of Allergic Rhinitis, Current Otitis and Sinusitis, *Sara J. Uekert, MD, Allergist, Grand Rapids Allergy*

9:45 am—11:00 am: concurrent sessions (continued)

D. Recognition and Management of Feeding Difficulties in Infants & Children: Address screening and early recognition of feeding problems focusing on the first 2 years of life. Gastro esophageal reflux, over and under feeding, failure to thrive and treatment of dehydration will also be discussed. *Elizabeth A. Paton, RN, MSN, CEN, CPEN, PNP-C, FAEN, Pediatric Surgical Group, Collierville, TN*

11:15 am—12:30 pm: concurrent sessions (select one)

- A. Community Acquired Methicillin Resistant Staphylococcus Aureus & Community Health Care in the U.S.:** This presentation incorporates findings of an extensive integrative review conducted 2007-2009 that analyzed research-based knowledge and the current state of the science about CA-MRSA. Discussion will center on implications for primary care NPs and describe trends and recommendations that can guide patient care. A current overview of CA-MRSA is presented that will enable APNs to better understand CA-MRSA and facilitate integration of current knowledge into practice. *Barbara Barnes, RN, BSN, Munson Medical Center, Traverse City, MI*
- B. Taking the HIT: Recognition, Screening, and Management of Heparin-Induced Thrombocytopenia:** Although thrombocytopenia is a well known complication of heparin treatment, the more serious form is an immune-mediated *thrombotic* process known as Type II Heparin Induced Thrombocytopenia (HIT). The manifestations and natural history of this disease process can range from mild, transient and self limiting thrombocytopenia to extensive, limb-threatening vascular thrombosis, skin necrosis or death. Potential severity of illness caused by HIT discussed. The underlying pathophysiology, the early clinical picture and proper application of lab tests covered using a lecture and case study format. Clinical management discussed including the drugs currently recommended for use in HIT. *Ryan Murtha, MSM, PA-C, MMPC Critical Care/Pulmonary, Grand Rapids, MI*
- C. Legal and Ethical Issues in Palliative Care:** This presentation will address both legal as well as ethical issues that confront nurse practitioners as end-of-life and life-limiting illnesses increase within their practices. Case study and group discussion will elicit current issues facing providers of all specialties and in all settings. The participant will leave this session with tools that can be utilized daily within their practice to identify and effectively manage the most common precursors to ethical dilemmas. *Michelle L. Witkop, FNP-BC, DNPc, Munson Medical Center, Traverse City, MI*
- D. The Many Faces of Dementia:** Overview of Lewy Body Disease, Frontal Temporal dementias and Normal Pressure Hydrocephalus. Case presentation to demonstrate key features of each disorder and diagnostic approaches. *Wendy Lemere, DNP, GNP-BC, Henry Ford Hospital, Detroit, MI*

Celebrating a Decade of Excellence

Please Join us for MICNP's

10 Year Anniversary Gala

Saturday, May 1, 2010

6:30 p.m.

Grand Gallery

(meeting rooms A-F/Main Floor)

Schedule of Events

6:30 p.m.

Awards Ceremony

Recognizing the members of the past and present who have been instrumental in the success of the organization.

7:00 p.m.

Hors d'oeuvres and cocktail reception

7:30 p.m.

Entertainment

Provided by the Josh Ramses Band

Business Attire

Ticket cost is \$50 per person (can purchase ticket when registering for conference)

All proceeds will go towards the MICNP Legal Fund

SUNDAY, MAY 2, 2010

8:00 am—9:30 am: General Session (Plated breakfast & Speaker) Urologic Assessment for Incontinence, Leslie Saltzstein

Wooldridge, GNP-BC

9:45 am—11:00 am: concurrent sessions (select one, continued on next page)

- A. **Managing Diabetes in the Office Setting:** This presentation will discuss a model of care for managing diabetes in the office setting. Emphasis on un-insured and under-insured clients and how to meet their complex needs. *Elizabeth Ludwig, MS, NP-C, Center for Family Health, Jackson, MI*
- B. **Management of Acute and Chronic Pain:** A look at current pain management trends for both acute and chronic pain. With use of opiates and non opiates medications. *Judy DeCorte, RNc, MSN, FNP, Mark Adams, MD, PC, Saginaw, MI*
- C. **The Long and Winding Road to NP Private Practice Ownership: The bumps, the barriers, the benefits, the breakthroughs:** Explore the pros and cons of NP private practice ownership; identify barriers; suggest reasonable timeframes; discuss the steps; provide legal and business structure information; describe associated costs—both financial and other; examine the often unexpected consideration; give practical and timely advice; and facilitate discussions regarding this new business and clinical trend for NPs in Michigan. *Kim M. Tocco, NP, PMH, CNS, BC, New Horizons Mental Health Services, Eastpointe, MI*

FRIDAY, APRIL 30, 2010

1:00 pm—4:00 pm Conference PM Workshops

Basic Suturing: See description on page 4 *Gretchen Schumacher, PhD, GNP-BC, FNP, NP-C, Grand Valley State University, Grand Rapids, MI and Kerry Risco, PhD, CRNP, NP-C, WCC, Slippery Rock University, Slippery Rock, PA*

X-Ray Interpretation: This presentation will cover interpretation of the most commonly encountered X-Ray films in clinical practice. Also discussed will be the basic principles behind radiology, the correct views to order (AP, Lateral, etc.) and the ordering of specific films for the medical condition (plain films, CT scans, CT scans with contrast). An easy systematic approach to the interpretation of X-Rays will be discussed which can be applied to your own practice and hand-outs will be given for use in clinical. *Stu Malafa, MD, Emergency Medicine, Spectrum Health, Grand Rapids, MI*

12-Lead EKG: This three hour session will highlight practical pointers for the Advanced Practice Nurse to begin to recognize ischemic changes on the 12-Lead EKG. Included will be correlating locations with lead groupings, and hallmarks of ischemia, injury and infarction. Basic electrocardiography knowledge will enhance the participant's ability to translate these practical pointers into patient care. *Julene B. Kruithof, MSN, RN, CCRN, Spectrum Health, Grand Rapids, MI*

Learning as We Go... Recent Successes and Failures with Drug Therapy: This program will (1) briefly summarize and discuss some of the most important recent publications about the use of drug therapy in general medicine, (2) describe the current state of understanding regarding adverse drug reactions (ADRs) and drug interactions, and (3) review methods of minimizing the harmful impact of ADRs and drug interactions in clinical practice. *Daniel S. Streetman, PharmD, MS, Lexi-Comp, Inc.*

FRIDAY EVENING SCHEDULE OF EVENTS:

4:30 p.m.—6:00 p.m.: Welcome Reception & Exhibit Opening
Appetizers with cash bar

6:00 pm—8:00 PM Dinner, Dessert and Speaker
Laff Jest for the Health of It!!

We hunger for humor and we long for laughter. Yet many don't realize how vital these "nutrients" are for the well being of our bodymindspirits. We'll look at benefits, practice hearty laughter and leave energized with hopes that no one will die laughing! *Sister Sue Tracy, OP, Spectrum Health, Grand Rapids, MI*

7:00 am—8:00 am: Registration/Continental breakfast & exhibits

8:00 am—9:30 am: Key Note Speaker—“Preserve: Advance: and Celebrate the Essence of Advance Practice Nursing” *Bonnie Wesorick, Founder/Chairman Emeritus, Grand Rapids, MI*

9:45am—11:00 am: concurrent sessions (select one)

- A. **Screening for Sleep Disorders in Primary Care:** This presentation outlines the signs and symptoms of various sleep disorders that will be encountered in the Primary Care setting. Identification and treatment of Obstructive Sleep Apnea; Excessive daytime Fatigue and sleepiness; Narcolepsy; Restless Leg Syndrome; Insomnia and Sleep Parasomnia's are some of the topics that will be discussed. Screening tools that can be used to help the PCP identify, treat and refer patients will be reviewed. Actual video of sleep disorders will be presented. *Nancy Harris, RN, MSN, FNP-BC, Sleep Specialists, Traverse City, MI and Mary Barr, RN, MSN, NP-C, MMPC, Spectrum Health Sleep Disorders, Grand Rapids, MI*
- B. **Advances in Treatment of Ischemic Stroke:** Every year, nearly 800,000 people in the United States experience a new or recurrent stroke, making it the third leading cause of death. This presentation will include differential diagnosis and the latest developments in the treatment of acute ischemic stroke. This will include the latest recommendations regarding the use of IA tPA and endovascular approaches to treatment *Aditya Pandey, MD, Assistant Professor, Department of Neurosurgery, University of Michigan Health System, Ann Arbor, MI*
- C. **Advance Practice Nurses United for Legislative Change:** Brief description of political action and it's importance to advance practice nursing and the MICNP organization. The role of political action in legislative change. What you can do to improve the legislative autonomy in the state of Michigan. *Nancy M. George, PhD, FNP-BC, Wayne State University, Detroit, MI*
- D. **Pediatric Emergencies:** Discussion of Common Pediatric Emergencies in children including vomiting in the neonate, abdominal pain, trauma, and management of foreign bodies. *Elizabeth A. Paton, RN, MSN, CEN, CPEN, PNP-C, FAEN, Pediatric Surgical Group, Collierville, TN*

11:15 am—12:30 pm: concurrent sessions (select one)

- A. **Attention Deficit Disorder Across the Lifespan:** Attention Deficit Disorder while often diagnosed in childhood is a disorder that is treatable but continues throughout the life of the individual. The presentation will include current theories about the development of the disorder, screening and diagnosis, and treatment options. *Jenny Griffiths Kwast, MSN, ANP-BC, Pine Rest Mental Health Services, Grand Rapids, MI*
- B. **Diagnosis of the Acute Abdomen:** An algorithm for an organized diagnostic evaluation followed by case presentations will be presented. *Lonson L. Barr, D.O., Clinical Professor of Surgery, Michigan State University, Lansing, MI*
- C. **Protecting Yourself From Malpractice:** This presentation will be a combination of information needed to watch guard your practice habits for possible legal issues as well as some practical steps to protect yourself legally. *Bonnie Y. Sawusch, BSN, JD, Halpert, Weston, Wuori & Sawusch, PC, Kalamazoo, MI*

Selection D—Continued on next page

11:15 – 12:30 p.m. Continued

- D. **Building Inner Strength: Nutrition and Herbal Medicine for Immune Support:** This program explores the use of nutrition and herbal medicine to support the immune system and build inner strength and vitality. Immune enhancing foods and how to use common herbs for immune health will be discussed. Non specific immune support. Prevention of infections and herbs used with common infections will be included. *Kathryn Niemeyer, MSN, MSc, FNP, (PhD Student), Radical Wellness, Ludington, MI*

12:15 pm—2:15 pm: AANP Sponsored Lunch/Speaker:

Hypoactive Sexual Desire Disorder

2:15 pm—3:30 pm: Concurrent sessions (select one)

- A. **Osteoporosis/Osteopenia: To Treat or Not to Treat, That is the Question:** Osteoporosis and Osteopenia are being treated as epidemics in our country. Dr. Seger will discuss health bone formation and define osteoporosis and osteopenia. She will also discuss diagnosis of osteoporosis using SXA, urine tests and the FRAX tool (Fracture risk assessment tool). A discussion on when and with who should be using medications will occur. Medications used for osteoporosis will be discussed regarding mechanism of action, effectiveness and side effects. Diet, exercise, and supplements used to promote bone health will be discussed. *Mary B. Seger, NP, PhD, Otsego Memorial Hospital, Gaylord, MI*
- B. **Multi-Drug Resistant Organisms: Making Sense of the Alphabet Soup:** Attendee will learn the various pathways of antibiotic resistance as well as the mode of transportation of these organisms. The importance of antibiotics and antibiotic stewardship will also be discussed. *Mia Taylor, MSN, FNP-BC, Spectrum Health Medical Group Infectious Disease, Grand Rapids, MI*
- C. **Professional Relationships:** Discuss the multi-disciplinary approach of patient care with the team of Nurse Practitioners, PA's, Physicians, RN's and MA's. *Bonnie Wesorick, Founder/Chairman Emeritus, Grand Rapids, MI*
- D. **Women's Sexual Concerns: Framing Your Assessment & Intervention Strategies:** This presentation will review theories regarding female sexual health and their applicability to women's concerns in the health care setting. Tools and strategies utilized to address women's sexual concerns as well as ongoing research into women's sexual health will be discussed. *Laura Ford, PhD, RN, CNP*

3:45pm—5:00 pm: concurrent sessions (select one)

- A. **Dermatology Basics and Beyond:** This interactive presentation will begin with morphology and common skin diagnoses of all age populations. The majority of topics and treatments have been chosen by previous attendees evaluation requests (your voice has been heard and appreciated). *Heather L. Roebuck, MSN, FNP-BC, M. Siegel, MD, PC, Waterford, MI*
- B. **Pulmonary Hypertension:** Treatment of PHTN including continuous infusion and oral medication. *Jeff Wilt, MD, Pulmonary Critical Care*
- C. **MICNP Business Meeting:** Annual association business meeting will include financial report, various committee updates, future goals and president's address. All MICNP members and non-members are invited to attend. Note, the business meeting is scheduled from 3:45—5:30 p.m.
- D. **Mayday Mayday: I Have a Headache:** Headache is one of the most common causes of missed work, reduced work output, and health care encounters. During this presentation, we will review various types of headaches and address the differing presentations, diagnostic work-ups, differential diagnoses, and treatment strategies that may be helpful in dealing with this most pervasive of health problems. *Louise E. O'Donnell, RN, MS, NP, MMPC Neurology, Grand Rapids, MI*